



# Lunch and Learn

June 26, 2018

10:45 am

Williams Memorial UMC

4000 Moores Lane

**Speaker: AgriLife**

*Shirley Baker*

*"Nutrition Label Changes, What You Need to Know"*

**Lunch and Dessert Provided By:  
Christus St. Michael Health Systems**

**Entertainment:**

**Drums Alive – KaSandra Guilbeau**

Lunch \$4.00 per person

Blood Pressure Checks by: Hospice of Texarkana

Cholesterol & Blood Sugar Checks by: Christus St. Michael

Service for Aged 60 and Above

Sponsored in part by: Ark-Tex Area Agency on Aging and

Williams UMC

800-372-4464

